

# LUNCH MENU

Our pasta contains flour, egg and most sauces contain pine nuts.

## • PASTA •

All Pizza dishes are £7.60 ●  
Mini salads for pasta are £1.25

### Lasagne

Layers of flat pasta, bolognese, béchamel, tomato and mozzarella, oven baked. ●

### Spaghetti Bolognese

Everyone's favourite!

### Tagliatelle Carbonara

Egg pasta ribbons, onions, bacon, cream, parmesan cheese and black pepper. ●

### Penne Pollo

Chicken, garlic pesto, mixed peppers, cream and fresh tomato sauce. ●

### Penne Arrabiata

Short cut pasta in spicy tomato and chilli sauce. ✓

### Tortelloni

Ricotta and spinach parcels with plum tomatoes, fresh basil, onions and mushrooms, topped with parmesan and mozzarella cheese. ✓●

### \*Linguine di Mare £8.95

Pasta with mussels, prawns, calamari, clams and salmon in an olive oil, parsley, chilli and plum tomato sauce. ●

### \*Linguine con Gamberoni £8.95

Thin flat pasta cooked with garlic, onions, fresh tomato and wilted rocket, chilli, prawns and king prawns. ●

### Al Forno

Short cut pasta with Italian Sausage, peas, baked in the oven in a Bolognese sauce and cream topped with parmesan and breadcrumbs. ●

### Sagottini Al Prosciutto

Parma ham parcels with onions, bacon and mushrooms and cream sauce. ●

### Italian Meatballs

Savoury meatballs in a tomato sauce with basil and tagliatelle pasta.

## • PIZZAS •

All Pizza dishes are £7.60  
(Italian thin base) ●●

### Margherita £5.45

Cheese, tomato and oregano. ✓

### Funghi

Cheese, tomato, fresh mushrooms and oregano. ✓

### Pepperoni

Cheese, tomato, pepperoni, roasted onions, chilli and olives.

### Vegetariana

Cheese, tomato, topped with roasted vegetables. ✓

### Stagioni

Cheese, tomato, ham, mushrooms, onions and peppers.

### Tropicana

Cheese, tomato, ham and pineapple.

### Pollo

Cheese, tomato, chicken, garlic and sweet corn.

### Mediterranean

Cheese, tomato, roasted peppers, onions, goats cheese and rocket.

### Mexicana

Cheese, tomato, spicy chicken, red peppers, chilli peppers and onions.

### Pear and Walnut

Cheese, tomato, sliced pear, walnuts, blue cheese and caramelised onions. ●

## • RISOTTO •

All dishes are £7.30

### Risotto Spicy Chicken and Wild Mushroom

*Cooked in white wine, onions and cream.*

### Vegetarian Risotto

*Roasted vegetables finished with white wine and cream. V*

### Prawn and Smoked Salmon Risotto

*Cooked with anchovies, white wine and a splash of cream. ●●*

## • SIDE ORDERS •

Chunky Chips	£1.35
Side Salad	£2.95
Green Salad	£2.95
Tomato and Onion Salad	£2.95
Basket of Bread	£1.25
Minted Baby Potatoes	£1.95

Full range of coffee's available

## • TWO COURSE SPECIAL

Select from

Sticky Chicken Wings,  
Potato Skins or Soup.

and

One of our Express Mains

**£9.95**

or **£12.95** for 3 courses

(sweet of your choice)

## • EXPRESS MENU

All dishes are £8.50

### Soup of the day £3.95

*Homemade soup served with fresh bread. ●V*

### Pork and Apricot Roulade

*Loin pork with an apricot, garlic, sage, butter filling, served with cream sauce.*

### Pork and Black Pudding

*Slow roasted belly pork with black pudding, mash and red wine reduction. ●*

### Carolina Cod

*Pan fried cod fillet topped with sundried tomatoes, served on a bed of green beans, draped with a creamy mild chilli sauce. ●*

### Salmon Niçoise

*Grilled salmon with warm niçoise salad.*

### Goats Cheese Salad

*Simple goats cheese salad, walnuts and French dressing. Served with chunky chips. ●*

### Beef Stroganoff

*Thin slices of beef with mushrooms, onions and paprika, finished off with wine and cream. Served on a bed of rice. ●*

### Rump Steak

*Old school. Served with mushrooms, tomato, onion rings, chips and salad.*

### Chicken Sorrento

*Chicken breast pan fried with onions, red peppers and finished with a spicy cream sauce. Served with baby roast potatoes. ●*

### Oriental Chicken

*Oven baked chicken in a ginger, garlic, chilli and Julienne vegetables.*

### Fajita

*Marinated strips of chicken, pan fried and finished with red peppers, onions and courgettes, served with sour cream, salsa dip and flour tortilla wraps accompanied by fries. ●●*

### Baby Parmesan

*Served with chips and salad. ●●*

In addition to the allergens highlighted on our menu, there could be a presence of further allergen traces that may be found in any food or drink item. We advise you speak to a member of staff before ordering food and ask to see our full allergens chart.

● Wheat

● Nut

● Shellfish

● Dairy

V Vegetarian